



Improved workflow efficiency

The Electrolux exclusive integrated system of a matched capacity combi oven with a blast chiller/shock freezer is called the air-o-system. Integrated technologies and cook&chill methodologies make preparing, storing, cooking and preserving food for any amount of customers easier.

A full array of accessories that can be shared between combi ovens and blast chillers/shock freezers make for creative menu development. The air-o-system improves workflow and efficiency in kitchen planning and layout processes.

Contact Electrolux Professional directly at 866-449-4200 for more information. Share more of our thinking at www.electroluxusa.com/professional





Canalés

INGREDIENTS:

- 1408 g Milk
- 168 g Butter
- 1 each Madagascar Vanilla Bean
- 12 each Egg Yolks
- 376 g Flour
- 152 g Rum
- 720 g Sugar
- 3 g Salt

- 1. In a pot combine the milk, butter, vanilla bean and half of the sugar.
- 2. Bring this up to a boil and remove from the stove.
- 3. In a TRK food processor, mix together the egg yolks and sugar.
- 4. Add the hot milk into the TRK through the top opening.
- 5. Next, add the flour, rum, salt and mix at speed 10 for 1 minute.
- 6. Cool down the batter, allowing all of the air bubbles to dissipate. Canalés are tastier if the batter sits overnight in the fridge.
- 7. Heat the molds in the oven and line the molds with a thin coating of beeswax.
- 8. Fill the molds with the batter ¾ of the way full.
- 9. Phase 1: convection mode at 400°F for 16 minutes/half fan speed
- 10. Phase 2: convection mode at 325°F for 25 minutes/half fan speed
- 11. When they are finished baking, unmold immediately and allow them to cool on a rack or in the air-o-chill blast chiller/shock freezer.



Country Beer Bread

PRE FERMENT:

- 1250 g Bread Flour
- 1250 g Whole Wheat Flour
- 1500 g Water
- 45 g Salt
- 13 g Yeast

FINAL DOUGH:

- 2500 g Bread Flour
- 950 g Water
- 950 g Local Beer
- 45 g Salt
- 40 g SAF Yeast/150 g Yeast from beer production
- Entire Pre-Ferment from above

- 1. In a mixer combine all of the ingredients for the pre ferment except for the salt and mix for 4 minutes.
- 2. Add the salt and continue to mix for 4 additional minutes.
- 3. Transfer the dough to a large container and allow to sit out at room temp for 12 hours.
- 4. Next, for the final dough, add the flour, yeast, water and beer and mix for 4 minutes.
- 5. Add the pre ferment in chunks so it evenly distributes into the dough and mix for 4 minutes.
- 6. Transfer to a large container and allow to bulk ferment for 4 hours, folding the dough every 30 minutes.
- 7. Portion the dough into 900 g, shape them and place in baskets seam side up with a towel over them for 3 hours.
- 8. Flip out onto (frying griddle tray) and score the bread.
- 9. Phase 1: combi 500°F/100% steam/1 minute
- 10. Phase 2: combi 450°F/100% steam/20 minutes
- 11. Phase 3: combi 400°F/100% steam/10 minutes



Dark Chocolate Soufflé

SOUFFLÉ BASE:

- 180 g Flour
- 180 g Butter
- 30 g Salt
- 1130 g Milk
- 450 g Sugar
- 210 g Dark Chocolate
- 400 g Egg Yolks

MERINGUE:

- 700 g Egg Whites
- 140 g Sugar

COATING RAMEKINS:

- 200 g Sugar
- 200 g Butter

- 1. Mix the flour, butter and salt with your hands in a bowl until ingredients are evenly combined.
- 2. In a pot, bring the milk and half of the sugar to a boil adding in the flour mixture while stirring constantly.
- 3. Cook until this forms a thick paste.
- 4. Mix the remaining sugar and egg yolks together and add to the pot.
- 5. Add the chocolate and stir until a uniform batter is created and chill it down in the air-o-chill blast chiller/shock freezer.
- 6. To make the meringue, place the egg whites in a small mixer and whip until soft peaks form.
- 7. Add in the sugar gradually until the meringue is at stiff peaks.
- 8. Fold the meringue into the cold soufflé base.
- 9. Line the ramekins with tempered butter and sugar.
- 10. Place the soufflé mix in a piping bag and fill the ramekins to the rim, making sure it is piped flat.
- 11. Bake on convection mode at 375°F for 17 minutes.
- 12. Serve immediately.



Honey Challah

INGREDIENTS:

- 115 g SAF Yeast
- 60 g Salt
- 4.5 kg Bread Flour
- 2 kg Water
- 6 each Eggs
- 640 g Canola Oil
- 300 g Sugar
- 300 g Honey

- 1. Combine the water, eggs and yeast in a large planetary mixer.
- 2. Add the flour and sugar and continue to mix on low speed for 5 minutes adding the oil slowly.
- 3. Add the salt and continue to mix for another 5 minutes.
- 4. Transfer to a large container and bulk ferment for 1 hour, fold the dough over and allow to rise for a second hour.
- 5. Portion out the dough to 230 g balls.
- 6. Braid the Challah and allow it to rest overnight to develop a deeper flavor.
- 7. Brush with an egg wash.
- 8. Bake on convection mode at 320°F for 20 minutes.



Key Lime Cheesecake with Raspberry Coulis

KEY LIME CHEESECAKE:

- 225 g Cream Cheese
- 100 g Whole Eggs
- 100 g Egg Yolks
- 70 g Sugar
- 40 g Good Honey
- .5 each Vanilla Bean
- 2 each Key Limes (zested)
- 2 g Fine Sea Salt
- 280 g Sour Cream

RASPBERRY COULIS:

- 600 g Raspberries
- 60 g Sugar

METHOD:

Key Lime Cheesecake

- 1. Mix Key Lime Cheesecake ingredients in a container using the Bermixer immersion blender.
- 2. Pour into 4 oz jars and allow them to sit overnight or gently torch to remove any bubbles.
- 3. Tighten the lid until "fingertip tight".
- 4. Steam in the air-o-steam Touchline combi oven at 185°F for 30 minutes.
- 5. Transfer to the air-o-chill blast chiller/shock freezer and chill for 1 hour.

Raspberry Coulis

- 6. Combine the raspberries and sugar in a bag and vacuum seal.
- 7. Steam at 185°F for 30 minutes.
- 8. While the mixture is still hot, puree in a bain marie using the Bermixer immersion blender.
- 9. Strain the coulis through a chinois and chill in the air-o-chill blast chiller/shock freezer.
- 10. Place the coulis into a squeeze bottle for easier handling.
- 11. Remove the lids from the jars and add a layer of raspberry coulis.
- 12. Add a spoonful of graham cracker, pulsed in the TRK food processor.
- 13. Garnish with a raspberry and fresh mint.



Caramelized Red Onion & Tomato Focaccia

INGREDIENTS:

- 1500 g Bread Flour
- <u>105</u>0 g Water
- 40 g Salt
- 25 g SAF Yeast
- 100 g Olive Oil
- 300 g Caramelized Red Onions
- 4 each Sliced Roma Tomatoes
- 4 g Dried Basil
- 4 g Dried Thyme
- 4 g Dried Oregano

- 1. In a planetary mixer combine the flour, water, yeast, salt and mix for 5 minutes.
- 2. Continue mixing for another 4 minutes adding the salt and olive oil slowly.
- 3. Transfer the dough to a large container and bulk ferment for 2 hours, folding every 30 minutes.
- 4. Split the dough in half and gently shape into the (non stick u-pan 2 inch) using your fingers to create indents.
- 5. Allow to sit for 30 minutes and press the dough out with your fingertips again until it covers the bottom evenly.
- 6. Add the onions, tomato, basil, thyme and oregano over the top and coat with a bit more olive oil.
- 7. Proof in the oven on combi mode at 80°F/
 70% humidity/ 40 minutes and remove from the oven.
- 7. Next bake: Phase 1: combi mode at 100% steam/ 400°F/6 minutes
- 8. Phase 2: convection mode at $400^{\circ}\text{F}/<50\%/9$ minutes



Pear & Almond Tart

TART DOUGH:

- 400 g AP Flour
- 150 g Powdered Sugar
- 50 g Almond Flour
- 225 g Butter
- 1 each Egg
- 5 g Salt

ALMOND CREAM:

- 350 g Almond Flour
- 15 g AP Flour
- 250 g Butter
- 250 g Powdered Sugar
- 1 each Madagascar Vanilla Bean
- 150 g Whole Eggs
- 8 each Cooked Pears (4 cut into 1/8 sections, 4 roughly chopped)

- 1. Start by making the tart dough. In a small mixer combine the butter and sugar with a paddle and mix for 4 minutes.
- 2. Add the egg until evenly combined and add in the two flours.
- 3. Transfer the dough to a floured table and roll out to ¼ inch thick and place on a tray, wrapped in the fridge for 1 hour.
- 4. Remove the dough from the fridge and line the tart mold, trimming any excess and place back into the fridge.
- 5. For the almond cream; in a small mixer combine the butter and sugar with a paddle for 4 minutes.
- 6. Add in the vanilla and eggs until evenly combined and add in the two flours.
- 7. Transfer the mix to a piping bag and pipe the mixture half way up the tart mold.
- 8. Evenly distribute the chopped pears and continue to pipe the rest of the almond cream to the top.
- 9. Decorate with the sliced pears.
- 10. Bake on Phase 1: convection at 350°F for 20 minutes
- 11. Phase 2: convection at 325°F for 30 minutes
- 12. Chill it down in the air-o-chill blast chiller/shock freezer.



Pineapple Chips

INGREDIENTS:

• 1 each Pineapple

- 1. Core and slice the pineapple using the pineapple corer into 1/8 inch thin pieces, laying them out onto a silpat.
- 2. Dehydrate in the oven using convection mode at 135°F/ vent open/ 6 hours.



Smoked Cornbread

INGREDIENTS:

- 50 g Butter
- 365 g Buttermilk
- 1 each Egg
- 310 g Smoked Cornmeal
- 2 g Baking Powder
- 2 g Baking Soda
- 9 g Salt

- Using the Volcano Smoker, smoke a course ground cornmeal for 10 minutes in the combi oven.
 (See BBQ Recipe Book for instructions on how to use the volcano smoker)
- 2. Once the cornmeal is smoked set the oven to 425°F/30% humidity/ half fan speed for 16 minutes and place a cast iron skillet inside during the preheat.
- 3. Combine all of the dry ingredients and wet ingredients separately in bowls.
- 4. Whisk both together to create the batter.
- 5. Remove the cast iron from the oven adding 20 g of butter to the pan, followed by the batter.
- 6. Place in the combi oven.
- 7. Finish the top with a mixture of butter, honey and chives for a final touch and enjoy.



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